



**KENNEBEC VALLEY COMMUNITY COLLEGE
FAIRFIELD & HINCKLEY, MAINE**

Approval Date: 5/19/15

Rotation: Spring

Year: 2018

COURSE NUMBER: MHT112
COURSE TITLE: Crisis Identification and Intervention
CREDIT HOURS: 3
CLOCK HOURS: 45

PREREQUISITES: None
CO-REQUISITES: None

INSTRUCTOR: Bonnie Cole
VOICE MAIL: May phone with questions or concerns 207-341-0557
E-MAIL ADDRESS: bcole@kvcc.me.edu
OFFICE: Online only
OFFICE HOURS: Send me an email to schedule a time to talk.

TEXTS:

All reading materials are available in Blackboard.

OTHER MATERIALS:

A variety of articles and other materials will be provided during the class at the instructor's discretion through Blackboard. The materials are provided to support learning and are expected to be read.

COURSE DESCRIPTION:

This course introduces students to crisis intervention theory and practice. The course will focus on basic crisis intervention skills, theories of crisis intervention, and the dynamics of specific kinds of crisis situations. Current issues in crisis intervention will be explored. Multiculturalism and diversity will be integrated throughout the course, particularly in relation to effective crisis intervention and resolution. Stress and burnout, as they affect crisis clinicians, will be examined and strategies for prevention and professional development discussed.

COURSE OBJECTIVES:

Upon successful completion of this course, the student should be able to:

1. Identify, explain, and demonstrate basic crisis intervention skills.
2. Explain the key concepts of crisis intervention theory.
3. Describe their interpersonal strengths and areas for growth.
4. Identify ethical and cultural issues related to effective crisis intervention.
5. Demonstrate proficiency in effective communication through teamwork (ELO)*.

** Essential Learning Outcomes demonstrate skills and knowledge related to general education learning outcomes as defined by the college. Specific rubrics within the course are used to assess these outcomes.*

COURSE CONTENT:

- Lesson 1: Understanding Crisis
- Lesson 2: Crisis Intervention Skills
- Lesson 3: Child Abuse and Neglect
- Lesson 4: Intimate Partner Violence and Domestic Violence
- Lesson 5: Alcohol and Drug Use
- Lesson 6: Threats of Suicide, Homicide and Other Violent Acts
- Lesson 7: Rape and Sexual Assault
- Lesson 8: Loss and Bereavement
- Lesson 9: Crisis Intervention in Schools
- Lesson 10: Diagnoses Connected to Crisis
- Lesson 11: Community Response to Crisis

COURSE ACTIVITIES:

Lesson Plans

The entire course is divided into “Lessons” that cover specific topics and learning objectives in the class. The Lessons are listed in the Course Content section above. Each lesson is designed to supplement the classroom learning we are engaged in. The activities may include reading, exploring the web, researching a topic, completing quizzes (multiple choice, short answer, and/or essay questions) and assignments (written work will be submitted as an attachment in the designated drop box). All the lessons are located in the Lessons folder in Blackboard. Click on the link and review the contents each week.

Each Lesson consists of:

- A Lesson Plan that outlines the content and provides detailed instructions as to any assignments
- Direct links to any Discussions, Assignment or Quizzes that go along with that Lesson.

Online Discussions

Online discussions form the backbone of an online class. It is very important for you to participate actively and fully in these discussions. These discussions will be graded and will be available for a specified amount of time (Monday morning until Sunday night on a given week in the course). You are required to participate in these discussions following the instructions that will be provided to you in the online Lessons.

You are, of course, encouraged to post many times through the week. You are also encouraged to post EARLY in the week so that you can benefit from others’ responses to your post and so that others may benefit from your responses. Please review the online document titled “Course Expectations and Policies”.

Lesson Quizzes/Assignments

These quizzes will consist of questions related to activities I assign in the class, the content of class discussions, or information you gather from research or contemplation. Within each Lesson outlined you will be provided with a lists of ALL the questions in the specific quiz. You should prepare your answers ahead of time and then enter these answers into the appropriate online quiz.

Quizzes must be completed by the due date assigned to each of them. You may be able to work ahead on some of these quizzes as well.

Extensions on the due dates for Quizzes may be allowed with sufficient reason; however, I reserve the judgment to not grant an extension. If you anticipate needing extra time it is best to get in touch with me PRIOR to the due date.

Special Assignments

Special Assignments relate to specific assignments created to measure general education learning outcomes and the Essential Learning Outcomes identified by the college. ELOs are marked by a single asterisk (*) in the course Learning Outcomes while other general education learning outcomes are marked by a double asterisk (**).

- Reflective Journal
- Acting on Crisis Group Project

GRADING:

• Attendance/Discussions	25%
• Lesson Quizzes	20%
• Lesson Assignments	25%
• Special Assignments	<u>30%</u>
Final Grade.....	100%

GRADING SCALE:

This course follows the standard KVCC grading scale, which can be found in the KVCC College catalog. Our program needs to follow the performance standards set by the State of Maine for the MHRT/C Certification. Please note that any grade below a C will be documented as an F. The rationale to this is that students who do not master more than 72% of the material in this class are not prepared to meet the expectations of future classes or programs that require this course. It simply means that you have not learned enough material to really say that you have “passed” the class.

Letter Grades are based on a final grade scale of 0-100 as described below:

95-100	A
90-94	A-
87-89	B+
83-86	B
80-82	B-
77-79	C+
73-76	C
Below 73	F

ATTENDANCE POLICY:

Please review the online document titled “Course Expectations and Policies” which can be found in Blackboard.

I believe that regular participation in a class is a reflection of the person’s commitment to their education. I expect each of you to be active participants in this class weekly and attendance (via discussions and other online activities) will be recorded weekly. Attendance is measured by the completion of the weekly assignments in Blackboard. If you do not complete any of the weekly assignments, you will be considered absent. Each week absences are recorded in the KV Portal (in the academic record). If a student has more than 4 absences, then he/she will automatically be either withdrawn by the instructor or will fail the class based on attendance alone.

COURSE REQUIREMENTS:

MHRT/C Learning Outcomes:

- Understands family theory, developmental theory, human development across the life span, counseling theories, and crisis theory
- Aware of prevalence and common effects of trauma
- Aware of prevalence and common effects of co-occurring disorders (substance abuse and mental health)

- Aware of screening and assessment strategies for co-occurring disorders (substance abuse and mental health)
- Identifies consumer risk factors (i.e. suicide) and takes appropriate action
- Understands role of medication in symptom management
- Aware of the need to act as a contributing member of an interdisciplinary team
- Knowledge of confidentiality
- Aware of the need to evaluate effectiveness of personal practice
- Understands effective use of supervision

These outcomes are assessed utilizing a specific set of assignments standardized within the context of the course.

INSTRUCTOR POLICIES:

Communication and regular attendance in this class is key to your success. Feel free to email me anytime with questions or concerns: bcole@kvcc.me.edu.

STUDENTS WITH DISABILITIES (2016/2017)

Kennebec Valley Community College welcomes students with disabilities, and in accordance with state and federal laws, KVCC is committed to assisting students with disabilities to achieve their educational goals.

In order to receive reasonable accommodations for this course:

- Students must contact the Director of Learning Commons at 453.5084 or cjohnson2@kvcc.me.edu
- Students must provide current, appropriate documentation of their disability
- Students must make a timely request for accommodation to the Director of Learning Commons
- Accommodations will not be provided until the faculty member receives a letter requesting accommodations. This letter is created with the director of learning commons and is supported by the documentation of stated disability
- Requests for accommodation(s) must be renewed each semester for each course

To begin this process, please contact Christy Johnson, Director of Learning Commons at cjohnson2@kvcc.me.edu or 207.453.5084

NOTICE OF NON-DISCRIMINATION (2017):

Kennebec Valley Community College is an equal opportunity/affirmative action institution and employer. KVCC does not discriminate on the basis of disability in the admission to, access to, or operation of its programs, services or activities. Students requesting classroom accommodation should be forwarded to the Director of the Learning Commons, Lunder Library, phone: 453-5084

Complaints about College decisions related to disability accommodations or discrimination must be forwarded to the Dean of Student Affairs, Enrollment Services Center, 92 Western Avenue, Fairfield, ME 04937, phone: 453-5822.